

# MINDSET IN SOCIAL CARE



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Delivered by [Winning Scotland](#) in partnership with  
The CORRA Foundation

## WHAT IS THIS?

Targeted specifically at residential and care workers, this is a course designed to increase care staff's knowledge of growth mindset and in turn support young people to achieve all they can in life.

As a pilot, registration is fully-funded, making the course free to anyone supporting care experienced young people and keen to make connections with other care professionals.



## WHAT WILL BE DELIVERED?

The course content is based on increasingly clear research. The idea that we don't have or can't develop certain abilities; "I'll never be able to play the piano" or "I'm not a maths person". For most people, this is a myth, the reason isn't because of some fundamental difference in our brains, it's because of previous life experiences.

This content focuses on supporting young people to **create a love of learning, recognise wider achievement, build self belief, share best practice** whilst **strengthening relationships** between young people and care staff.

Delivered over a 3 month period, the course uses a mix of face to face seminars, supported with online learning.

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## TIMELINE



**Tues 6 Sept 2022**

### Course Start Date:

Full day seminar to build relationships, considering their own mindset behaviours and those of colleagues and young people.



**Tues 11 Oct 2022**

### Session Two:

Half day online seminar to consider application of growth mindset principles to support young people.



**Tues 15 Nov 2022**

### Course Completion Date:

Full day seminar to connect mindset theory to the context of the Care Review and recommendations of The Promise.



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