

ON OUR MARKS CASE STUDY

MILTONBANK PRIMARY SCHOOL,  
NORTH GLASGOW



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Miltonbank Primary School is one of eight primary schools in north Glasgow taking part in Winning Scotland's 'On Our Marks' programme.

On Our Marks (OOM) helps communities become healthier by supporting children and families to be more physically active at school, home and in their local neighbourhoods - creating a culture of daily activity in school and engaging parents through ideas like 'physical homework'. It's supported in north Glasgow by ng homes and the Allied Vehicles Charitable Trust.

## INCREASED ATTAINMENT

At Miltonbank, OOM increased confidence and attainment among the children taking part.

Adele Bowman, Depute Headteacher, was pleasantly surprised with the wide-reaching impact of OOM. The school took part in the programme to provide more development opportunities for staff and help with the needs of pupils in an area with a high level of deprivation.

## PHYSICAL BENEFITS

Teachers at Miltonbank were given training, tools and support to make physical activity a fun, desirable and regular part of the school day, and develop the physical confidence of pupils.

In week one of the programme, Katie and Solianaa, P1, struggled to manage more than two consecutive passes at the 'bounce catch' game. But by the end of the programme they were doing ten consecutive passes without losing control.

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KATIE AND  
SOLIANAA, P1



TRANSFERABLE  
SKILLS

OOM also impacted how pupils were able to engage in school life. Mrs Cochrane, the P1 teacher, explains the benefits for one of her pupils, Meerrab: "The OOM programme has been very positive for Meerab. Her gross motor skills have massively developed, resulting in increased confidence and being more settled and focused in class, with a noticeable improvement in educational attainment. Perhaps, the most significant and pleasing development with Meerab is she's interacting more with her peers at playtime."

Adele echoes this, by saying: "pupils thrived on the team building, they really benefited with the transferrable skills, they now cooperate and play more with others."

MEERAB



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## CULTURE SHIFT

'There was a culture shift across the staff team – the programme created a consistency of approach, teachers were very keen to model other teachers and disseminate their learning across the school.

Adele saw lots of sharing between her teachers, she said, “staff thoroughly enjoyed the programme and really benefited from it - cascading information down because they saw the benefits. There was a culture of collaboration and competitiveness!”



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